

Name: Anonymous 849 Anonymous 849

Title: Community Outreach Fellow

Organization or Agency: The Coalition

Topic: Meeting Date Not Listed

NA

Testimony:

My name is Justin Hapgood I been incarcerated for 8yrs I'm 25, And To be honest prison damage me, I lost my right Arm 3 months before I was incarcerated , so I was dealing with chronic pain , Bad PTSD , and maximum Depression because everything hit me at once as in Loosing my Arm and be a newly dad and coming to jail . I was young 17 at the time clueless and Scared and I thought the prison system was post to provide , elevate and rebuild me to become a Man , I have been neglected by mental health , medical and the court system I haven't yet gotten rehab So now having this disability starting to catch up to me I had to do everything with One Arm BY MY SELF with no guidance , no support , my safety always at matter I have a disadvantage towards other inmates so I'm always being target and I ask D.O.C for safety benefit for me and they always brush me off , I gotten hot water thrown on me , cellmate trying to constantly run over me because I have One arm . learning how to adapt in prison at a young age damage me because there's nothing about adapting with one arm No programs , no physical therapy nothing! so I'm clueless these ppl don't help they make it worse , I been incarcerated since a kid how can I know how to be an adult , they blind us from the society , the community ,our family , I haven't learn how to Drive with a my disability , I don't know how to be a father , or know the feeling to have my first Apartment , I don't even know what job/ work I'll be able to do now because there's lack of sources especially for a person like me I have a life changing disability that I don't know how to go about life sometimes I already feel defeated and dead and I'm only 25 its sad nobody knows how it feel so I'm here to make them feel it its hard going threw prison just alone so imagine loosing your Arm than going threw prison its mentally and physically tough! there's nothing in here for me So now I'm just in a box doing nothing because the things they do have wasn't design for a person like me so it constantly makes me depress and that's damaging my brain , my mental health gotten worse because I have no real support somebody that can relate or guide me threw my journey somebody explaining all these new emotions I'm having or helping me on my PTSD or to make sure I'm properly adapting I don't got that privilege .